

A high-action photograph of a surfer riding a massive, curling blue wave. The surfer is positioned in the center of the wave's barrel, wearing a dark wetsuit and a blue shirt. The wave is a vibrant blue-green color, with white foam at the top. The background shows a bright, overcast sky and the ocean surface with smaller waves in the distance.

MARK MATHEWS

LIFE  
BEYOND  
FEAR





**RIDING THE  
WORLD'S BIGGEST  
WAVES TAKES a  
GREAT DEAL of  
COURAGE and  
RESILIENCE.**





But the courage and resilience it takes to surf big waves is not reserved for a limited number of action sports athletes and adrenaline junkies.

**IT'S AVAILABLE  
FOR ANYONE.**



There are people from all walks of life right now in this very moment, displaying more courage than what it takes to surf big waves.





# HOW ARE THEY DOING IT?

There is a method, a set of principles that sit at the core of all acts of courage.



# LIFE BEYOND FEAR

When applied, these principles allow us to live a life without the controlling limitations of fear, a life on our own terms, a







# MARK MATHIEWS

As a highly sought after international speaker Mathews' surfer chill vibe and magnetic charisma, has graced the stages of leading companies world wide. From Google, Sony, Intel to MasterCard, he instantly captures audiences with his epic tales and spectacular surf footage.

Through his career as a professional 'Big Wave' surfer and Red Bull Athlete, he has become obsessed with the relationship between personal growth, high performance and fulfilment.

During his Life Beyond Fear keynote Mark takes the audience through deconstructed, fine-tuned, and personalised emotion and resilience techniques that help successfully strengthen ones mindset and sustain long term performance.



01

# HARNESS RESILIENCE



Explore the scientific benefits of vision, meaning, gratitude & the counter intuitive techniques that disrupt negative mental perceptions & increase innovation, drive & performance.





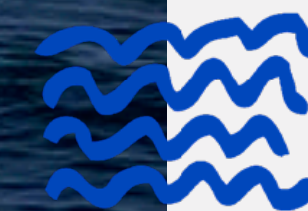
02

# ADAPT TO STRESS



There are two main components to adapting to change & the stress that comes with it. “Embrace And Upgrade” and “Rest And Recover.”

Through these two components we can learn how to avoid the “crash and burn” cycle by converting fear-based habits to positive lifestyle patterns.





03

# PERFORM WHEN IT COUNTS



In the ocean, Mark must always assume that conditions can—and will—unexpectedly change, violently and quickly.

Mark and his team must stay hypersensitive to change, continually **reassessing conditions, refocusing goals, and updating strategies.**

With this Agility, Mark and his team can overcome all challenges and succeed in surfing the world's biggest waves





# CLIENTS







S U  
R F



Like no other. No one comes close. I have been speaking across the globe for over a decade and never have I been so moved or inspired by a speaker as I was with Mark Mathews.

Peter Bains, *FOL Founder*





Mark Mathews is the hottest speaker in Australia right now. Using a powerful mix of story telling, practical takeaways and mind-blowing visuals, Mark moves audiences like few others can. He's a must for any conference looking for something different



Darren Hil  
**Executive  
Director**



Mark Mathews and his “Life Beyond Fear” keynote was, by far, the most captivating, enthralling, and engaging motivational speech I have attend in my 25 year career. Never have I sat so still and listened so intently to a speaker at a Las Vegas sales meeting - I literally dropped my coffee and could not take my eyes of the stage as he told his amazing story, and connected his reality with our daily life. Change is the only constant in my industry - Mark Mathews uses his amazing story of adversity, learnings and personal journey - to help us all see a path forward through change. I've never been more thankful for life's little inconveniences. Mark Mathews story reminds us all to be grateful for all we have



Mark Monday  
**SAP**







I have worked with many speakers over the years and Mark is by far one of the best. His powerful stories, excellent visuals and relaxed, authentic delivery had the audience captivated right from the start. His advice was simple, honest and most importantly - actionable. I have never received so much positive feedback about a guest speaker than I have following Mark's session. In fact, it was so positive, we immediately engaged him for another event. I have absolutely no hesitation in recommending Mark and I sincerely hope I get to hear many more of his awesome stories!



Ash Willis  
**Managing Director, Partners  
& Alliances - APAC, Google  
Cloud**

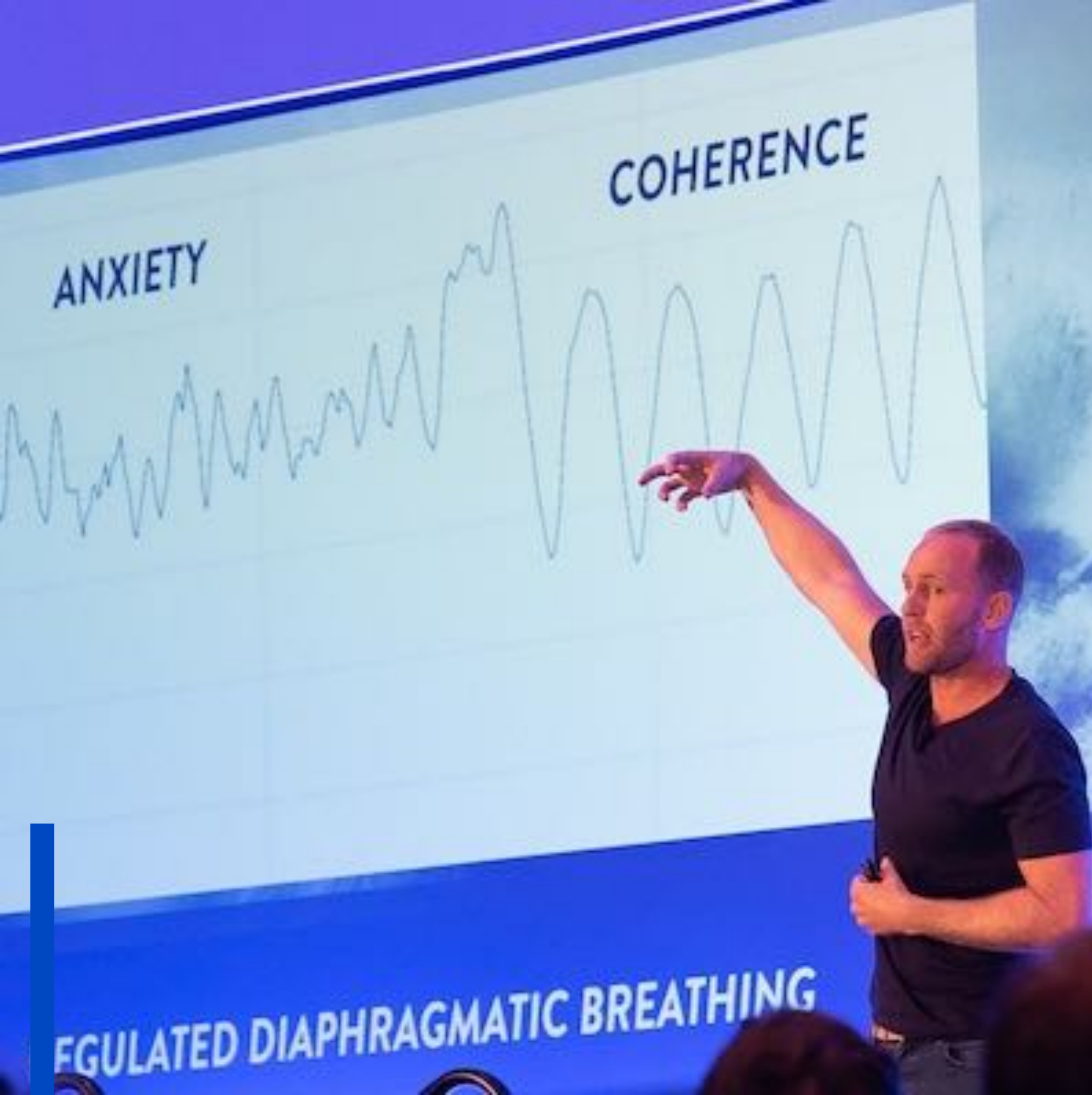


I first heard Mark's thought provoking story seven years ago. Just recently Mark attended my leadership meeting and shortly after a session with the executives from our Partner community. The feedback from both sessions was exceptional. Mark's story of resilience, gratefulness and authenticity stops and makes you think. Mark is an extreme sports legend and a great guy.



Vice President & Managing  
Director, **South Pacific at  
Hewlett Packard  
Enterprise**





The standout of our entire event. He was highly engaging, extremely moving and delivered in a personal way that greatly endeared him to the many thousands in the audience. He was also able to ensure that the audience had some key takeaways and processes to apply and help them achieve their next success.



Dan Walsh  
Head of Education Mortgage &  
Finance Association of Australia





He closed our virtual sales Kick-off in such a way that our attendees were speechless. His ability to captivate, educate, inspire, and own an audience is remarkable.

His message is so powerful it has the capacity to change lives, both professionally and personally. I can't recall a guest speaker ever having such an impact!

Glenn Carrol  
**COHESITY, VP Global Sales**







Mark's incredibly powerful story of; courage, persistence, humility and embracing fear, changes the way you see the world. He encourages you to embrace fear in your own life, to live more freely, experience more often, and be more courageous. We were inundated with positive feedback and thanks from the team on how much the session resonated with everyone in a different way



Leanne White  
General Manager Grocery





Truly inspirational and extremely genuine, your message could not have been more relevant. We had over 200 attendees for the session and the list of positive comments goes on and on in the same light.

Gratitude heals! Goosebumps!!! Wow what an incredible story. I'm moved to tears. Tears in my eyes... The power of gratitude. Phenomenal !! So so inspiring!"

Craig Maynard  
***Cisco***



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# MARK MATHIEWS

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